

K-Munity Cafe featuring



ACAI BOWLS

Acai Peanut Butter Bowl

Acai, Almond Milk, Blueberries, Banana Blended and topped with Fresh Blueberry, Strawberry, Banana, Gluten Free Granola, Peanut Butter, and Raw wildflower Honey

\$11

Traditional Acai Bowl

Acai, Blueberries, Banana Blended and topped with Fresh Blueberry, Strawberry, Banana, Gluten Free Granola

\$11

TOASTS

Classic Avo

Avo, EVOO, Lemon, Sea Salt, Pepper on Toasted Sourdough

\$7

Everything Avo

Avo, Cherry Tomato, Everything Season, on Toasted Sourdough

\$7

Avo & Egg

Egg, Avo, EVOO, Plant-Based Bacon, Sea Salt, Pepper on Toasted Sourdough

\$8

PBBC

Peanut Butter, Organic Banana, Chia Seeds, Raw Honey on Sourdough

\$7

Strawberries and Cream

Fresh Strawberries, Whipped Cream Cheese, Pistachios, Lemon Zest and Raw Honey on Sourdough

\$8

PERFORMANCE SMOOTHIES

Braveheart

Banana, Strawberries, Frozen Yogurt, Almond Milk, Dried Cranberries, Heart Beet, Multi-Vitamin, Whey Protein (11g)

\$8

Muscle Max

Pineapple, Blueberries, Banana, Raspberry Sherbet, Raspberry Juice, Multi-Vitamin, Whey Protein (22g)

\$8

Queen of Greens

Almond Milk, Kale, Spinach, Pineapple, Banana, Pea Protein (15g)

\$8

400LB Gorilla

Almond Milk, Peanut Butter, Banana, Frozen Yogurt, Whey Protein (30g)

\$9

Acai Energizer

Acai, Almond Milk, Strawberry, Blueberry, Frozen Yogurt, Whey (10G)

\$8

BAGELS

Roast Beef and Cheddar

Roast Beef, Cheddar Cheese, Butter Lettuce, Roma Tomato, mayo or mustard on a plain or everything bagel

\$8

Bruschetta Chicken

Chicken Breast, Mozzarella Cheese, Spinach, Red Onion, Roma Tomato, Balsamic on a plain or everything bagel

\$8

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KIDS MENU

Mac n Cheese (Coming Soon!) \$5

Macaroni and Cheese and Sourdough toast

Grilled Cheese Panini \$6

Cheddar Cheese on Grilled Italian Bread w/Chips

PB & J Smoothie \$5

Peanut Butter, Strawberry, Raspberry Juice, Fro-yo

ADD-INS

*Whey Protein (9g)

*Pea Protein (8G)

*Multi-Vitamin

*Creatine

*Energy

*Heartbeet

*Flax

*Chia

*Spirulina

*Peanut Butter

\$1.25



K-Munity Cafe featuring



Hours of Operation

	Daytime	Evening
Monday	8AM-1PM	4:30PM-8:00PM
Tuesday	8AM-1PM	4:30PM-8:00PM
Wednesday	8AM-1PM	4:30PM-8:00PM
Thursday	8AM-1PM	4:30PM-8:00PM
Friday	8AM-1PM	
Saturday-Sunday	9AM-3PM	